

ABOUT THE PRESENTER

Natasha Lakaev

(BAppSc, PostGradDipPsych, MPsych, MAPS)



Natasha Lakaev is a Clinical Psychologist. Natasha is a full member of the Australian Psychological Society and the APS College of Clinical Psychologists. She is an approved government ATAPS contractor, is on the APS Autism Spectrum Disorder provider register and is a Medicare approved Veteran Affairs clinician. She has a special interest in Personality Disorders and was trained in DBT by the Linehan team in the USA. She has had excellent results with this cohort.

Natasha provides Psychology services for children, adolescents, adults, and older adults, as well as couple therapy, family therapy, group therapy, and court ordered therapy.

Natasha has significant expertise in the areas of Personality Disorders, Anxiety, Depression and Stress (daily, long term and traumatic). She has worked within an inpatient psychiatric hospital setting, along with a community outpatient mental health clinic, within the public hospital system, as well as within a private clinical environment. Natasha is well known for achieving lasting results for clients with Complex Mental Health needs and Personality Disordered individuals. She has outstanding results with DOCS children and their carers, specializing in Conduct Disorder, Oppositional Defiant Disorder, Developmental (Complex) PTSD, Childhood Anxiety and Depression. She has also worked successfully with schools regarding undiagnosed Personality Disordered parents and the child's resultant behaviour concerns.

Natasha has independently developed and validated an Academic Stress Response Scale (LASRS) which has been accepted around the world as one of the top five scales to assess academic stress.

Natasha has experienced over a number of years significant vilification in the social media, print newspapers and false complaints to various organisations. She also experienced ongoing workplace bullying and pressure to leave her employment as a result of the vilification in the social media and newspapers. This arose from persons that were not patients/clients of Natasha, however they spent many years vilifying her through all possible avenues. This group included unethical reporting by specific journalists and falsely established organisations designed to gain credibility for their various causes. Natasha achieved apologies and retractions from those that vilified her.

As a result of the experience with long term vilification Natasha has a very unique understanding of the approaches necessary to take under Civil and Administrative Law, and what is appropriate action within the internet to protect one's professional status within universities, private clinics, the public health system and with regard to registration within national accrediting bodies and AHPRA.

She also has a deep and personal understanding of the tools necessary to manage the stress of being vilified and coping with the impact of this on all aspects of one's personal, family, professional and academic life.

Natasha now uses these skills and experiences to provide help to others that have been vilified, to aid them in countering the experience by obtaining vindication so they can maintain or develop a quality of life on the other side of these events.

Natasha is an experienced, innovative and entertaining public speaker who has a unique ability to present information in a light hearted manner regarding life experiences that can ultimately be quite a dark period of one's life.

WHO IS THIS RELEVANT TO?

- Employees, Contractors, Employers, Business People, CEO's, Team Leaders, Middle & Upper Management;
- Psychologists & Psychiatrists;
- Academics, University Students, PhD & Post-Doctoral candidates;
- Specialists, such as Paediatricians;
- Mental Health Nurses & Social Workers;
- General Practitioners;
- All Nurses and Health Workers at every level and in all Specialist Occupations;
- Allied clinicians such as Occupational Therapists, Speech Pathologists, Physiotherapists;
- Those being investigated by ethical bodies e.g. AHPRA & Department of Education;
- Those working within the varying education institutions such as Guidance Counsellors, Teachers, Deputy Principals and Principals within Private and Public School settings and Lecturers at University.

This is essential knowledge for your Continuing Professional Development (CPD) from the perspective of protecting yourself from being vilified, surviving vilification, and how to support colleagues and clients/patients who have been the victim of this type of character, career and personal destruction.

PROFESSIONAL ASSISTANCE

- **Professional Consultations** are available in person or via Skype videoconference to assist those that are being vilified or to provide guidance on how to assist your clients or students that are being vilified.
- **Supervision** is also available for Professionals.

CPD ACCREDITATION

CPD activity is available for Professionals for this workshop.

See www.resolvingvilification.com for more details

SEE DISCLAIMER AND PRIVACY POLICY ON WEBSITE: Go to

WWW.RESOLVINGVILIFICATION.COM

Click on WORKSHOP Tab and then DISCLAIMER & PRIVACY Tab for details

RESOLVING VILIFICATION

2016

MELBOURNE, AU (6th-9th June)

BRISBANE, AU (27th-30th June)

- Defining Professional Vilification?
- What Symptoms & Impacts Arise from Experiencing Professional Vilification?
- Approaches for Preventing & Resolving Professional Vilification for Self, Colleagues, Clients and Patients.
- Clinical Treatment of Patients Suffering Vilification Professionally

WHAT IS VILIFICATION?

Definition: Abusively disparaging speech or writing.

Synonyms: Bullying (workplace, schoolyard, university), condemnation, criticism, censure, denunciation, abuse, defamation, denigration, disparagement, slander, bad press, character

HOW DOES IT AFFECT YOU?

- Have you ever been vilified or worried about vilification by a client, patient, student or colleague? A common avenue is exaggerated or false complaint/s to governing or ethical bodies within the workplace or at a Federal level.
- Have you ever been concerned about the actions of a possible Personality Disordered Individual within your practice, workplace, academic institution or corporation? What are your options?
- Have you ever partaken in, or witnessed a colleague, being vilified and then later found out it was untrue? What can you do about this?
- What do you do if you have been the victim of, or witnessed a student, client, patient or colleague, being vilified in the social media, TV, newspaper or radio media, or by your national governing body, or other published media or through unwarranted or malicious gossip?
- Do you find it difficult to empathise with those that have been vilified as you have never experienced it? Find out what the long term possible implications are for those that have been vilified.
- What can you do if you have or are being vilified? How do you repair your reputation among colleagues, within your social circle and family life after vilification?
- If you have been vilified how do you ratify the experience especially when you may have had no support, nowhere to turn and refused/pressured out of a right of reply?
- What is Tall Poppy Syndrome and what can you do when it is activated?

WORKSHOP CONTENT

NOTE: THE OPTION IS ALSO AVAILABLE TO ATTEND THE WORKSHOP FOR JUST THE FIRST TWO DAYS ONLY

Day One

Defining Professional Vilification?

- Who commonly instigates professional vilification or vilification in general?;
- How to navigate these difficult situations for yourself, colleagues, students, clients or patients;
- What is Tall Poppy Syndrome and how could it affect your career?;
- How to deal with the pervading problem of having no right of reply, which is a common outcome once vilification commences.

Day Two

What Symptoms & Impacts Arise from Experiencing Professional Vilification?

- Impacts on physiological, somatic, intellectual and emotional health;
- Short and long term impacts on career, personal life, family and social life;
- Evidence based coping mechanisms to develop as preventative and/or coping measures when vilification is present.

Day Three

Approaches for Preventing or Resolving Professional Vilification for Self, Colleagues, Clients, Patients.

- Understanding the difference between Civil Law and Administrative Law regarding vilification;
- Understanding your Legal and Ethical rights when protecting your reputation after vilification;
- Tools to prevent or counter vilification in newspapers, reality TV, social media, internet or via deliberate destructive gossip;
- Services that could aid you, your colleagues, or clients to resolve vilification.

Day Four

Clinical Treatment of Patients Suffering Vilification Professionally or in General.

- Statistics of completed suicides by those that did not survive being vilified or investigated by governing bodies resulting from false complaint/s;
- Diagnosis commonly associated with those who have suffered or instigated and/or participated in vilification;
- Evidence Based Treatment and Practice Based Protocols particularly helpful for treating the effects of vilification.

REGISTRATION FEE

BOOK EARLY TO ENSURE YOUR PLACE!

All prices in Australian Dollars and include GST. Contact us if email

REGISTRATION TYPE	DAYS 1 & 2	DAYS 1 to 4
INDIVIDUAL	\$440	\$660
GROUP DISCOUNT Group of 5 or more (must fulfil criteria below)	\$410	\$650

GROUPS ADDITIONAL DISCOUNT CRITERIA

Groups of 5 or more PAID ON one credit card or EFT payment. MUST use ONE registration form PER PERSON and send together WITH PAYMENT plus all delegates names and direct contact details required or individual fee will automatically apply. The person/organisation

TO REGISTER

 **TELEPHONE:** 0435 777 701 International +61435 777 701

 **EMAIL / SCAN:** resolvingvilification@outlook.com

 **FAX:** (07) 5535 8085 International +61755358085

 **ONLINE:** www.resolvingvilification.com INDIVIDUAL PAYMENT ONLY

TERMS & CONDITIONS

- **Forward full payment with all details** completed on one registration form per person. Places allocated on first come first served basis.
 - **Your direct and contact details** required for venue and seminar material/updates - ensure this is provided where an **AGENCY** funds your registration.
 - **Confirmation** - venue information with your tax deductible receipt in name of payee will be emailed within 5 business days.
 - **Wrong city selected** - written notification required by mail or email. Requests received 2 weeks prior to workshop date incurs \$110 fee if position available; Less than two weeks prior to workshop incurs \$220 fee if position available.
 - **Errors in details provided** - if notified less than 2 weeks before workshop, incurs \$110 fee for new Certificate of Attendance.
 - **Credit card surcharge** - 3% surcharge for Visa or Mastercard, 5% surcharge for Amex.
 - Cheques, bank drafts and money orders not accepted.
 - Requests for lost or additional copies of receipts or Certificates of Attendance incur \$110 fee.
 - Transfer to a substitute in full is accepted, incurring \$110 fee. Shared/split attendance is not accepted.
 - **DISCLAIMER** - we accept no responsibility in the unlikely event that circumstances beyond our control result in the cancellation of part or all of the workshop tour and we reserve the right to make any changes to any workshop without notice.
 - In the event a workshop needs to be cancelled a full refund will be made of the workshop registration fee. We will not be responsible for any other cost.
 - We reserve the right, at our sole discretion, to decline entry to workshops to anyone who may have registered, and/or to discontinue attendance to anyone who may have registered. A full refund less a \$220 cancellation fee will be remitted to the refused registrant in the month prior to commencement. After this period no refund of fees will occur.
 - **All dates subject** to 6pm AEST for postmarked date and electronically received registrations.
 - **Late registration** - no guarantee of workshop materials or catering for registration onsite or within three days of workshop.
 - **Expiry dates and times** - no negotiation for any reason to be fair to all delegates.
- #### Cancellations
- A substitute may attend in your place if written notification is received by email more than 3 days prior to the workshop - Fee \$110 for change of name badge and certificate.
 - Transfer to another city accepted if position available- Fee \$110 for more than 2 weeks notice, \$220 for less than 2 weeks notice.
 - Full cancellation must be made in writing by email 1 month prior to workshop, incurring \$220 fee. No refunds within 1 month of workshop, however places are transferable.
 - **NO SPECIAL EXCEPTIONS** on fees or policies are possible in any circumstance in fairness to all.
- #### Registration Includes
- Conference handouts and related material.
 - Morning tea and lunch.